



Pec Fly / Rear Delt

VST600-S221

Designed to focus on major upper-body muscles, our space-efficient, Selectorized Pec Fly / Rear Delt dual station is tougher than you can imagine and more comfortable than you'd expect. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start building and toning their upper body.

Product availability may vary by region. Please contact your [local office](#) for more information.



Frame & Cables

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations

Tech Specs

Product Weight	263.3 kg / 580 lbs.
Overall Dimensions	80.0 x 134.0 x 211.8 cm / 31.5" x 52.8" x 83.4"

Weight Stack	
Weight Plate Increments	9.1 kg / 20 lbs.
Consistent Stack Height	Yes
Weight Stack Guarding	Full front and rear shields
Total Stack Weight	131.8 kg / 290 lbs.
User Amenities	
Contoured seat	Yes
Placard Color Coding	Yellow (upper body)
Instructional Placards	Muscle call outs, start and finish exercise illustrations
Adjustments	
Color-coded Pivots & Points of Adjustment	Yes
User Adjustment Range	Adjustable start position from front to rear